

# PAIN-FREE LIVING



## THE THERAPEUTIC BENEFITS OF ASPEN LASER THERAPY

### An Epidemic of Pain



**P**ain has become one of the most widespread and devastating health issues in the United States. An estimated 50 million Americans live with chronic pain caused by disease, injuries or other disorders. An additional 25 million Americans suffer from acute pain resulting from surgery or injuries. Approximately two-thirds of these individuals have been living with pain for more than five years.

The most common types of pain include arthritis, lower back pain, bone/joint pain, muscle pain and fibromyalgia. The loss of productivity and daily activity due to pain is substantial. According to a 2020 study, 36 million Americans missed work the previous year due to pain, and 83 million Americans indicated that pain impeded their participation in day-to-day activities.

Individuals suffering from chronic pain often have difficulty finding doctors who can effectively treat their pain. The *Chronic Pain in America: Roadblocks to Relief* study found that one out of four pain sufferers had changed doctors at least three times, reporting that the primary reason for change was that they still experienced pain.

**Aspen Laser Therapy** is a safe, effective and pain-free treatment that only takes a few minutes per session. Aspen Laser Therapy does not require the use of drugs or surgery, and there are no side effects or risks that often occur with other forms of treatment. In addition, it often yields results faster and more efficiently than other treatment modalities. Many conditions show signs of improvement even after just one or two treatments.

### THE SCIENCE OF PBMT

The primary mechanism of laser therapy is photobiomodulation therapy (PBMT) which uses carefully calibrated infrared light waves to stimulate cell regeneration and enhance tissue repair. Extensive studies have demonstrated that PBMT can deliver profound effects on a wide spectrum of conditions. Additional benefits of PBMT include:

- Expedited healing times
- Tissue strengthening
- Increased blood flow and lymphatic drainage
- Enhanced immune response
- Reduced anxiety and depression
- Improved sleep patterns

### PATIENT FAQS

#### How are treatments administered?

A handheld wand is positioned directly on, or slightly above, the skin over the affected area, where it delivers a gentle therapeutic beam.

#### How many treatments will I need?

Most ACUTE conditions typically require only 5-6 treatments. CHRONIC conditions generally take longer and may require 6-12 treatments as well as one or two follow-up treatments each month.

#### How long does a treatment take?

Depending on the condition, treatment times typically last only 5-10 minutes, but larger body areas may require a little more time.

#### Does the treatment hurt?

Absolutely not! Most patients experience a warm, often soothing sensation during treatment.

#### How soon can I resume my normal activities?

The moment you leave the clinic, you may resume your normal daily activities. However, it is important not overexert for a few days, as the body is still healing.

#### Will insurance cover my treatments?

Aspen Laser Therapy may not be covered by some insurance plans, so ask your provider. If your provider does not cover the cost of your treatments, affordable payment plans are available.



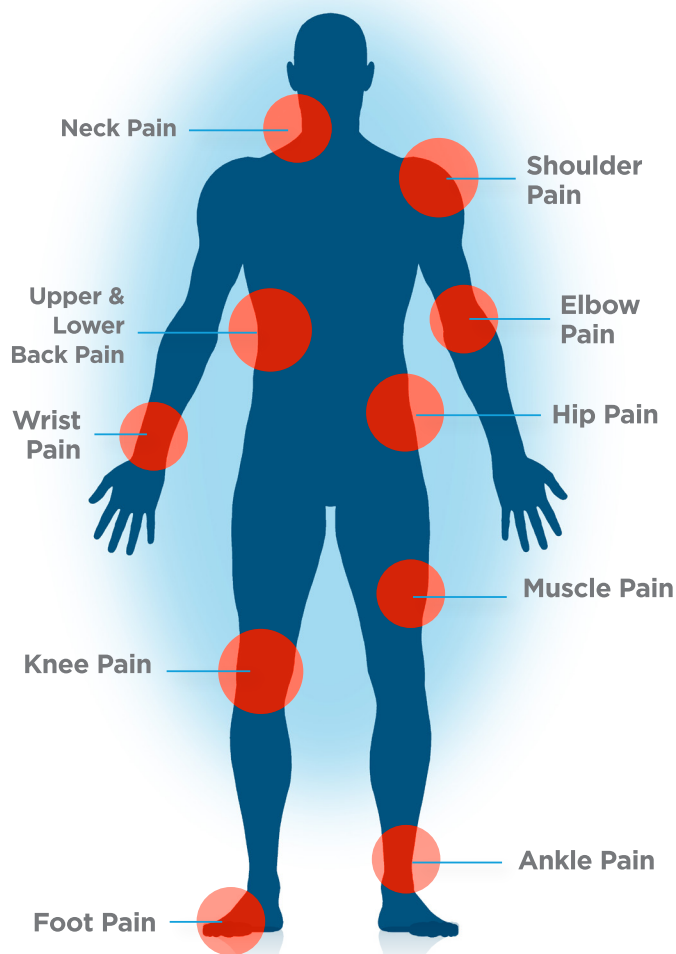
# LIFE BEGINS when the pain ends

**DON'T JUST TREAT THE SYMPTOMS...  
TREAT THE CAUSE!**

**Aspen Laser Therapy** has been clinically proven to not only reduce pain and inflammation, but to effectively treat their underlying causes. Among the myriad conditions for which Aspen Laser Therapy has been proven to be beneficial are:

- Post-Injury Pain
- Joint Pain
- Plantar Fasciitis
- Bursitis
- Tendinitis
- Sports Injuries
- Arthritis
- Back and Neck Pain
- Carpal Tunnel Syndrome
- Muscle Spasms
- Fibromyalgia
- Connective Tissue Injuries
- Sprains and Strains
- Muscular Injuries
- Vertebral Injuries
- Countless other conditions

**Aspen Laser Therapy** is a totally pain-free treatment that does NOT require the use of drugs or surgery ... and there are NO dangerous side effects or risks. Aspen Laser Therapy also delivers positive outcomes more quickly than other treatment modalities.



**Now available  
in this practice!**

**SCHEDULE  
YOUR  
TREATMENT  
TODAY**



1701 E. Madison Ave, Ste A  
Derby, KS 67037  
316-788-3713  
[www.gagechiropracticcenter.com](http://www.gagechiropracticcenter.com)

PROUDLY PARTNERING WITH  
**ASPEN LASER**  
*Revolutionizing Photobiomodulation*